# Every Day Counts... in the Life of a Child in Foster Care

## Annual CRB Conference May 29-30, 2020

Salishan Resort 7760 North Highway 101, Gleneden Beach







The conference is free for all CRB members and presenters. (You may invite guests to attend dinner for an additional fee.)

Register online at:

https://www.surveymonkey.com/r/2020CRB

The registration fee for child welfare stakeholders is \$50.00, which includes all educational sessions, refreshments, breakfast, lunch, and CLE credits (if applicable). Friday evening dinner is reserved for CRB Members, their guests, and presenters. Register online at the link above and mail checks to:

Citizen Review Board \* 1163 State Street \* Salem, Oregon 97301

Please contact Angela Keffer, Volunteer Resource Coordinator / CRB Analyst at 503-986-5901 with questions.



## **Conference Lodging**

Contact the Salishan Resort now to book your room. Phone reservations: (503) 847-0695 On-line reservations at <u>Salishan Resort</u>



## Ask for the "2020 CRB" room block.

Our negotiated room rate for Thursday, Friday, and Saturday nights is \$114.00 per night plus tax, based upon availability. Book your lodging soon to secure this special rate.



The Salishan Resort 7760 North Highway 101 Glenden Beach, Oregon 97338 (503) 847-0695 www.salishan.com



## Kindred Matters / Camp to Belong Raffle



For more than ten years, the CRB has supported Camp to Belong, a non-profit organization that reunites siblings separated by foster care. Since 2010 we have raised more than \$30,000 which have provided scholarships for many youth to attend camp! This summer, Camp to Belong will hold two camps for siblings as well as numerous activities throughout the year. Baskets and other raffle items will be on display throughout the conference in the

registration area. Raffle tickets will be available at the registration desk, and drawings will be held throughout the conference. For more information please see: Kindred Matters

## **Keynote Speakers**



## Juli Stratton, MA • Friday May 29th • Increasing Safety and Resiliency for LGBTQ+ Youth

Juli Stratton is the primary gender and sexual diversity educator and trainer in North Idaho, and has presented to healthcare and mental health providers, social workers, public health professionals, nursing and medical students, criminal justice professionals, educators, and various other community groups. Juli is the founder of the North Idaho Pride Alliance, a non-profit organization that focuses on networking, community organizing, gender and sexual diversity education, and advocacy. In addition to working with the

North Idaho Pride Alliance, Juli is a member of the Idaho Leadership Action Team for the Pride Foundation. Juli is the owner of Stratton Consulting and holds a Master's degree from the University of Illinois at Springfield in Child, Family, and Community Services, with a concentration in Counseling and Family Therapy. Juli spent the majority of her counseling career working in family preservation and child and family services. When Juli isn't speaking, training, or advocating, she spends her time with her wonderful wife and three fur babies, traveling, and experiencing the beautiful region they call home.

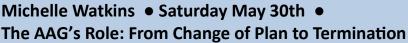
## Brother Askari • Friday Dinner Speaker • African American Journeys

Brother Askari grew up in southeast Louisiana, the first born of 11 siblings and he is grounded in the African-American traditions of New Orleans and the Gulf Coast. By tradition, the first-born male inherited the rich cultural trappings of the elders, so he was gifted with songs, music, stories, myths and memories. He worked for 10



years traveling the state of Oregon as a griot of African-American culture for Portland Public Schools and was an artist-in-residence with the American Heritage Foundation. Brother Askari is the creator of the award winning Sojourner Truth Theater and has appeared in Ma Rainey's Black Bottom (Storefront Theater), the first play to grace the Delores Winningstad Theater stage. He travels often to prisons, social service agencies, and schools and he is a member of a cultural performing group from coastal South Carolina called "The Geechee Gullah Connection" and a storyteller at Reflections Talking Drum Bookstore. Ase. Ase. (So be it)





Michelle Watkins is an Attorney in Charge in the Child Advocacy section of the Oregon Department of Justice. Michelle joined the DOJ as an Assistant Attorney General in 2012 after clerking for the Honorable Suzanne B. Chanti at the Lane County Circuit Court. Michelle leads a team of attorneys representing DHS Child Welfare in four counties, providing legal advice and representation to DHS at all stages of juvenile dependency proeeings. Michelle is a graduate of the University of Oregon School of Law and lives in Eugene, Oregon with her husband, her two grown children, and two dogs.



## 2020 Every Day Counts... Conference Agenda

## Friday, May 29th

11:30 - 5:00	Registration				
12:30 - 1:00	Welcome and Announcements				
1:00 - 2:00	Keynote - Increasing Safety and Resiliency for LGBTQ+ Youth - Juli Stratton				
2:00 - 2:15	Break				
2:15 – 3:45	Childhood Trauma Behaviors: Ages & Stages	Reading the Room for Verbal & Nonverbal Cues: Conducting Reviews in a Trauma-informed Manner	Trauma-informed Questioning Strategies and De-escalation Tactics	Information Processing by Traumatized Children and Families	
3:45 - 4:00	Break				
4:00 – 5:30	Understanding Educational Services - IEP's, 504 Plans, & Educational Advocates	Substance Abuse Recovery & ASFA Timelines: When Science and Policy Don't Align	Understanding the LGBTQ+ Experience Through Our Own Unique Lenses	Understanding the Basics of PCIT: Theoretical Underpinnings, Practical Applications, & Effectiveness	
5:30 - 6:30	Social Time				
6:30 - 8:00	CRB Volunteer Recognition Dinner with Brother Askari				

## Saturday, May 30th

7:30 - 8:15	Breakfast Buffet - Registration				
8:15 – 9:15	CAPTA Citizen Review Panel Reports: Concurrent Planning Call to Action				
9:15 - 10:00	Plenary - AAG's Role: From Change of Plan Through Termination - Michelle Watkins				
10:00 - 10:30	Break				
10:30 - 11:45	Juvenile Court 101	ICWA - The Spirit Behind the Law	Appellate Updates	Legislative Changes	
11:45 – 1:30	Lunch and Exercise on CRB Findings				
1:30 - 2:30	Parent Panel				
2:30 - 2:45	Wrap Up				

## Friday Program

## 12:30 p.m. - 1:00 p.m.

### Welcome and Announcements

• Leola McKenzie, Director of Juvenile & Family Court Programs Division

## 1:00 p.m. - 2:00 p.m.

## Keynote - Increasing Safety and Resiliency for LGBTQ+ Youth

• Juli Stratton, MA Stratton Consulting & North Idaho Pride Alliance

We know that family acceptance promotes well-being; family rejection promotes unsafe behaviors and negative health outcomes. Juli will discuss research-based information for recognizing behaviors that are crucial for LGBTQ+ youth. Those same youth who must navigate the challenges associated with managing a stigmatized identity and who must cope with social, educational, and community environments in which victimization and harassment are the norm. When children are supported in their LGBTQ+ identity they can develop the self-confidence and resilience necessary to integrate positive and healthy behaviors as they grow into adulthood. Conversely, family rejection places LGBTQ+ youth at high risk for abuse, neglect, and self-destructive or anti-social behaviors, which can lead negative health and mental health outcomes. Building on a solid foundation of knowledge of the LGBTQ+ experience, Juli will explore strategies for delivering effective and culturally sensitive services to LGBTQ+ youth.

## 2:00 p.m. - 2:15 p.m. Break

### 2:15 p.m. - 3:45 p.m. Workshops Childhood Trauma Behaviors: Ages & Stages

• Laurie Judd, CRB Field Manager

• Amanda Hazen, CRB Review Specialist

Join us for a discussion regarding how trauma impacts children, what behaviors at each developmental stage might be related to trauma, and appropriate services and interventions to assist children in healing. We will have group based scenario work where we discuss how the CRB can advocate for children by making appropriate recommendations

## Reading the Room for Verbal & Nonverbal Cues: Conducting Reviews in a Trauma-informed Manner

Angela Keffer, Volunteer Coordinator & Analyst
 Sam Tazumal, CRB Field Manager

This training focuses on your ability to read the room during a review, pick up on verbal and nonverbal cues from participants, and proceed in a trauma-informed manner.

## **Trauma-informed Questioning Strategies and De-escalation Tactics**

 Jennifer Buckingham, CRB Field Manager
 Suzanne Callahan, CRB Field Manager
 This session will provide an overview of specific criteria for creating a trauma–informed review environment and techniques for engaging parties, using the principles of procedural justice and trauma-informed care.
 Participants will receive tips for avoiding potential triggers and practice trauma-informed questioning strategies.

## Information Processing by Traumatized Children and Families

- Kristina Knittel, CRB Field Manager
  Julie Mehl, MA
- Tricia Swallow, CRB Field Manager
  - Lisa Jennings, LCSW

A panel of experts in the fields of mental health, substance abuse, and childhood trauma will guide you to an understanding of how trauma often co-occurs with the development of substance addiction or mental health diagnoses, and how people who are impacted by these three interconnected issues may hear, understand, and respond to information differently than you. This session will provide important information useful for anyone who wishes to effectively question and communicate with people who have these experiences.





## **Friday Program**

#### 3:45 p.m.—4:00 p.m. **Break**

## 4:00 p.m. - 5:30 p.m. Workshops Understanding Educational Services IEP's, 504 Plans, and Educational Advocates

• Anna Abraham, CRB Field Manager

This session will include a brief presentation that will provide comprehensive definitions of education plans and services as well as guidance for how to advocate for children in the education system. Additionally, those who attend this session will have the opportunity to interact with a panel of professionals and volunteers who have extensive experience providing educational support and advocacy for children in foster care.

## **Understanding Addiction Recovery in relation to ASFA Timelines**

• Tricia Swallow, CRB Field Manager

This session will delve into how substance use impacts the brain and the timelines for recovery from substance abuse in relation to the ASFA timeline. We will discuss how relapses affect recovery and what supports parents need when parenting while in recovery.

## Understanding the Struggles of LGBTQIA+ Children in Care

• Juli Stratton, Stratton Consulting

In order to build skills to effectively deliver services that meet the developmental, social, and cultural needs of LGBTQ+ youth we must first become self-aware of our capacity to identify, understand, and respect the unique beliefs, values, customs, and traditions of the LGBTQ+ communities. This interactive workshop will give participants opportunities to dig a little deeper and explore their own filters as they see into the intersectional identities of LGBTQ+ experiences.

## Understanding PCIT and Sibling Interaction Studies

• John Nichols, CRB Field Manager

This session will focus on understanding what is Parent-Child Interaction Therapy and its theoretical foundation which supports its effectiveness as an evidence-based practice. Participants will learn how PCIT works, what are appropriate referrals/who it is for, specific recommendations for doing PCIT with children in foster care, and effectiveness compared to other interventions. Participants will also learn and practice the PRIDE skills as a way to get a sense of how the skills shape parentchild interaction patterns.

5:30 p.m. - 6:30 p.m.

Social Time





We provide a citizen voice on the safety, stability and supervision of children in foster care through impartial case review and advocacy.

**CRB** Mission

## • Amanda Hazen, CRB Review Specialist

• Maiya Hall-Olsen, CRB Field Manager

## • Amy Benedum, JFCPD & CRB Analyst

• Rebecca Regello, CRB Field Manager



## Saturday Program

## 7:30 a.m.—8:15 a.m. Breakfast Buffet - Registration

### 8:15 a.m. - 9:15 a.m.

### CAPTA Citizen Review Panel Reports: Concurrent Planning Call to Action!

Christina Jagernauth, CRB Assistant Director
 Tricia Swallow, CRB Field Manager
 Concurrent planning seeks to eliminate delays in attaining permanency for children in foster care. In this session, attendees will learn the importance of concurrent planning, and what specific actions
 DHS should have completed by the 6-month, 12-month, and 18-month review.

### 9:15 a.m. - 10:00 a.m.

## Plenary - AAG's Role (From Change of Plan Through Termination)

• Michelle Watkins, Attorney in Charge, Child Advocacy Section, Department of Justice

In this session, participants will learn what role the AAG has when a decision is made to change the permanency plan through termination.

10:00 a.m. - 10:30 a.m. Break

## 10:30 a.m.—11:45 a.m. Juvenile Court 101

- - Hon. Megan Jacquot, Circuit Court Judge

This session will be about what decisions are made at each of the five types of hearings, where in court documents the CRB can find the information it needs to use in relation to its own findings, and what information our court finds most valuable and useful in CRB documents.

### ICWA—The Spirit Behind the Law

- Jefferson Greene, Warm Springs
- John Nichols, CRB Field Manager
- Shary Mason, CRB Field Manager/JCIP Model Court & Training Analyst

This session will address the Impact of historical trauma on traditional family dynamics and roles in Indian Country.

### Appellate Updates

Megan Hassen, JFCPD Sr Juvenile Law Analyst
 Suzanne Callahan, CRB Field Manager
 This session will examine how Oregon appellate decisions in juvenile dependency cases impact a

board member's analysis of the CRB's findings.

### **Legislative Changes**

### • Leola McKenzie, Director JFCPD

This session will provide an overview of bills that passed during the 2020 legislative session that impact the child welfare system and how juvenile dependency cases are handled.

11:45 a.m 1:30 p.m.	Lunch and CRB Findings Table Discussions
	<ul> <li>Amy Benedum, JFCPD &amp; CRB Analyst</li> </ul>

Parent Panel

1:30 p.m. - 2:30 p.m.

2:30 p.m. - 2:45 p.m. Wrap Up

• Kristina Knittel, CRB Field Manager



• Dave Smith, CRB Field Manager/Lead Trainer

Laurie Judd, CRB Field Manager